“Treaty of clinical sexology”

The volume called “Treaty of clinical sexology” (fig.2) of Prof. As. Dr. Vasile Nițescu inevitably includes biological processes of great scientific importance and actuality, providing fundamental data in understanding the pathophysiology of reproductive system in the intercourse. In a didactic manner, the author shows the complexity of neuro-endocrine interrelations, their role in normal and pathological function of genitalia in the interpersonal relationship after the sexualisation of human body. This explains how the animal intercourse, subordinate to a primary, basic and instinctual impulse becomes in humans a complex neuro-psychic act, conscious and differentiated.
The presentation of neuroanatomy data and proper layout, very clear, allowing easy understanding by any specialist of the links between the centre of analysis and control (cerebral cortex) with the lower levels of the nervous system – through afferent and efferent nerve fibres, with the pituitary and gonads, who also play an essential role in intercourse.

In a rigorously scientific form, and based on original research, the author having a documentary conceptual background of interest and utility, describes the influence of sexuality on the human body, the types of sexual activity, the sexual intercourse in relation to age, or under certain physiological and pathological circumstances, the endogenous and exogenous factors that influence sexuality, or the three types of sexually transmitted diseases, exposed in a personal form. The elaboration by the author of the sexological summary of consultation, with specific clinical and laboratory data required for the diagnosis of sexual disorders in men and women is a real and necessary medical support. This proves that the clinical sexology treaty clearer shapes the sexology as a multidisciplinary speciality with complex and specific concepts, the sexologist often being forced to turn to the cardiologist, endocrinologist, psychiatrist, psychologist, urologist, obstetrician, etc. In his own conception, the author presents in the chapter “Pathological sexuality” the cardinal symptoms in sexual pathology, the classification of male and female sexual dysfunctions, or their treatment - all so useful in practice. His own classification of sexual deviation is particular. The differentiation of sexual pathology based on the etiopathology of genital or extra-genital diseases represents a new and original concept in understanding sexual dysfunctions and places them more precisely in position regarding diagnosis, prognosis, and especially curative and prophylactic treatment.

Presentation by the author of morally aberrant sexuality forms, degrading by libertinism and sexual perversions out of the way and procreation as a means of satisfying some playful, pathological impulses, is welcome at a time of advertising exacerbation of vulgar sexual forms.

Regarding major sexual deviations such as homosexuality, the author explains in particular the neostructural changes of the brain, which determine the physical and mental closeness of the two people of the same sex.

The author clarifies confusing and controversial notions, such as the so-called “G spot,” and proves and explains for the first time the morphological effect of hypereroticism of the area, which he called “the H Area”.

Fig.2 - Treaty of Clinical Sexology cover
The author has also introduced fundamental scientific notions, which are new in sexology. Through this Treaty, Romanian Medicine is made known to the medical world.

As a result of a remarkable effort, this valuable monograph, the first nationwide release offers a unique and complex scientific documentation of the problems of sexual physiology and pathology problems that need to be made at a higher level in the human species.

Internationally, the book complements the substantive scientific data, currently down, serving to good documentation in the specialty.

The author has introduced in 2011, for the first time in Romania, in the higher medical education – in the 6th year – at the UMF (University of Medicine and Pharmacy) Carol Davila the discipline “Clinical Sexology” as optional lecture, attended every year by hundreds of students. The professor also has a merit in the postgraduate training of specialists, attended by people from all specialities and all teaching grades. I congratulate the author for the establishment of this medical discipline in the higher education in Romania, as it exists in many prestigious universities in the world.

* Leon Dânilă:

Correspondence to: 9 Washington Street, 1st District., Bucharest, Romania